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Endura SingleTrack Lite elbow pads £44.99

Endura's thin 'elbow protectors' go almost unnoticed while riding and add a little extra protection without restricting movement. The long Lycra sleeve has a mesh backing to prevent things getting too hot and the thin, perforated foam pads are slim enough to fit comfortably under most jersey sleeves. You'll need to pull the upper opening right up over your bicep to ensure it doesn't feel overly tight though. Thanks to the silicone gripper print inside the openings, we had no issues with the pads sliding down our arms and never once had to pull them up or readjust them. The padding itself moulds comfortably to the shape of your arm and feels secure once in place. It also articulates well. Although the sleeve is pretty tight – the pad would move around otherwise – it remains comfy, even on longer rides. There are only two sizes, so try before buying to ensure you get the right fit. **Rob**

www.endurasport.com

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